



through every step of the salon. Ingredients for treatments are chopped and mixed right in front of you. “When our grandma cooked, there was a feeling of trust. It’s knowing what you have in your hair. And it’s a feeling of nostalgia. My mom used to do this. My grandma. My aunt.” For hair, treatments include a ‘coco loco mask’ to add moisture, or an ‘avo coco’ mask that’s a bit lighter. Both involve only fresh, natural, homey ingredients. The latter leaves hair moisturized and fresh, while the former, Al Quaiti explains, is perfect for long-lasting conditioning. “We wanted to create a space that feels like home,” Al Quaiti adds.

YOU WANT: Results that last
TRY: Forever Young
 Nova Clinic, Dubai,
thenovaclinic.com
 There are two main things to know about the new Forever Young BBL treatment at Nova Clinic: first, it hurts; and

second, it works. This treatment uses broadband light to basically zap your pigmentation. Through creating tiny wounds, it forces regeneration of new collagen, meaning that over time it can help get rid of pigmentation, skin abnormalities, rosacea and more. Unlike chemical peels, it doesn’t require downtime – but it does require staying out of the sun for several days. The pain is real, but it’s minimal. Think of a rubber band flicking across your face. It stings while being manageable. Immediately after there’s no redness, although discoloration can appear darker in spots. Over the next few days, pigmentation appears to take on a ‘coffee ground’ feel, with lighter and darker spots mixing. Eventually the darker spots flake off, revealing pigmentation that’s several shades lighter. At Dhs750 a pop, it’s not cheap. But it works, creating a glow and removing sun spots.

